

When my husband and I decided to try to conceive our second baby, we thought, since we already have one healthy baby, that we'd be successful. After about 9 months of failed attempts, we began to worry. I saw my OB-GYN who assured me that I was healthy and that I should just keep trying. However, I knew in my heart something was not right. I had horrible bouts of deep, cystic acne break-outs that covered most of my chin, my nails were brittle and I just did not feel healthy.

I wanted to approach my situation using natural therapy. I wanted to feel healthier and ultimately conceive a healthy baby. I sought help from Dr. Zilahy after reading about the successes of acupuncture in promoting fertility and whole-body wellness. From the very first phone call to his office, I was greeted with warm voices, friendly personalities, and truly amazing care. Dr. Zilahy and his staff have a way of making me feel like the most important patient in the practice.

Very shortly after seeing Dr. Zilahy for the first time, I knew I was in the right place. I began to feel better immediately. I had been depressed over not getting pregnant and for the first time in months, I was feeling better, much better. I followed Dr. Zilahy's advice on nutrition and saw him for acupuncture sessions twice a week. Two months later, my face was clear and glowing! I knew then that my health was greatly improved.

Best of all, I am proud to say that because of Dr. Zilahy's extraordinary care and continuous guidance, I am pregnant!! I know that Dr. Zilahy has been essential in this process and without his treatment this may not have been possible.

Dr. Zilahy, you are an amazing doctor. I am fortunate to have found you and have been under your care. I cannot thank you enough for helping my husband and I realize our dream! You are truly wonderful.